Heartbands

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I knit hats for the newborn babies at my local hospital and these have been a huge hit with the new parents. They’re quick to knit and don’t have long floats as many stranded patterns do. I hope you enjoy knitting them for your little valentine or sweetheart.

Size: Newborn Hat can be made larger by adding increments of 8 sts. and by increasing the length for more depth.

Materials: 50 grams/100 yards of worsted weight yarn for main color and several yards of contrasting color. Samples shown were done in Plymouth Yarns Jeannee Worsted, a nice cotton/acrylic yarn that washes and dries beautifully with very little shrinkage.

Suggested Needles: U.S. 6/4.00 mm 16” circular needle and 32” circular needle for magic loop, or a set of dpns, for top of the hat, or whatever size will give you the correct gauge.

Gauge: 5 sts. = 1 “
**Abbreviations:**
k = knit
p = purl
k2tog. = knit two together
st. = stitch
sts. = stitches
dpn = double point needle

**Pattern:** Cast on 64 sts. using a stretchy cast on. I like to use the German Twisted Cast on method.
Knit one row and then join to begin knitting in the round. Mark the beginning of the round.

Knit 9 rounds.

Knit the next round through the back loop. This helps to keep the rolled brim in place.

Begin chart and work to end, rows 1 – 26.

**Decreases:**
Row 1: K6, k2 tog. (56 sts.)
Row 2 and all even rows: knit.
Row 3: k5; k2tog. (48 sts.) At this point, you’ll probably want to switch to the longer circular needle or dpns.
Row 5: k4; k2tog. (40 sts.)
Row 7: k3, k2tog. (32 sts.)
Row 9: k2; k2tog. (24 sts.)
Row 11: k1, k2tog. (16 sts.)
Row 13: k2 tog. (8 sts.) If you prefer not to knit the I-cord top, break your yarn at this point and run yarn through remaining stitches and fasten off. If you want the top knot, continue with next row.

Row 14: k2tog. (4 sts.)

Knit an I-cord for about 4 inches and fasten off. Tie cord into a single knot. Weave in any loose ends.
Chart: I’ve included two versions of the chart for you to pick your favorite.